



Our Facility

9,000 Sq. Ft. Cleaned Daily!

Large Foam Block Pit

1 High Performance Olympic Size Trampoline

2 Olympic Size String Bed Trampolines Into Foam Pit

40 Foot Long Tumble Trampoline Into Foam Pit

Rod Floor Into Foam Pit

All Work Out Equipment Is Sunk Into Carpet Bonded Foam

3 Sets Of All USAG Competitive Mens Equipment

Great Seating Area With Tables, Couch & Free Wifi!



Free Trial Class

A Plus Athletics is proud to offer each student one free trial class for any class offered in the facility. Additional trial classes offered for a minimal fee.

Birthday Parties

We know you will enjoy having your birthday party at A Plus Athletics! Party consists of one hour in the gym and 30 minutes in our party room. Cost \$130.00 for up to 15 kids. For more information, please visit our website or give us a call.

Open Gym

Come play games, bounce on the tramp, play in the pits. We offer open gym every Friday night from 7-10pm. Cost is \$10 per person. Ages 5 and up.

7104 S. Dillon Ct., Englewood, CO 80112

www.aplusathletics.com

303-953-7320

CALL TODAY FOR YOUR FREE TRIAL LESSON!

www.aplusathletics.com

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Englewood, CO 80112



Athletics

A+ Athletics



WINTER Camps

Gymnastics develops core fitness for soccer, football, skiing, baseball, swimming, snow boarding, karate, diving -- anything!

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Call today to reserve
your place!
303-953-7320

Your Physical Development Center
Gymnastics develops core fitness for soccer,
football, skiing, baseball, swimming, snow
boarding, karate, diving – anything!



Begin With Us, Go Anywhere

Our gymnastics program is specifically designed to develop strength, balance, coordination, flexibility, and agility in a fun and safe environment while working on social skills, patience, determination, and strong work ethics. Gymnastics is key to unlocking your child's athletic potential.



A Plus Winter Camps

Ages 4-18 years

At A Plus Athletics, campers feel good about themselves as our non-competitive curriculum enhances the spirit of "I AM A CHAMPION" in each child. While learning gymnastics, our unique program focuses on the PROCESS... all the great learning that goes on while having fun is an added bonus!

Our staff teaches with care using goal setting, progressions, and positive encouragement. Camp is designed for boys & girls ready for activity and fun! Children learn gymnastics skills on vault, bars, balance beam, trampoline and floor. Additional time is allocated for the gymnasts to work on their favorite skill!

TEAMSPIRIT is encouraged as we incorporate exciting themes into our daily activities. Themes will be used to incorporate age appropriate games, arts & crafts, sports and agility. Low ratios make this an ideal first experience for the young camper and a great time for more advanced gymnast to work on perfecting their skills!

When

December 19, 20, 21, 22, 23

What To Bring?

- Healthy lunch with two snacks
- Extra clothes/blanket for movie time or accidents
- Lots of energy

The benefits obtained through participation in gymnastics will last a lifetime.



Rates

- 8:00-9:00 Before or After Camp Care (\$8/day)
- 9:00-4:30 Full Day (\$197)
- 9:00-12:30 Half Day (\$97)

Campers Daily Schedule

- 8:00-9:00 Before Camp Care
- 9:00-10:00 Fun Group Warm Up
- 10:00-10:30 Circuit One
- 10:30-11:00 Circuit Two
- 11:00-11:30 Circuit Three
- 11:30-12:30 Lunch/Rest
- 12:30-1:00 Circuit Four
- 1:00-1:30 Circuit Five
- 1:30-2:00 Circuit Six
- 2:00-3:30 Movie
- 3:30-4:30 Open Gym
- 4:30-5:30 After Care Open Gym

